



Meals on Wheels
of Salem County, Inc.
118 Walnut Street
Salem, NJ 08079

856-935-3663
856-935-7808 Fax

It's Hard to Imagine Thanksgiving or other Holidays...Without a Meal.

November 8, 2011

Dear Friend of Meals on Wheels,

Many of us will celebrate our Thanksgiving or other holiday meals with family or friends. But for some of our elderly and disabled neighbors in Salem County, holidays are lonely times. For others, **there is little money for a basic meal**, let alone a special, holiday meal.

As you think of your family during the approaching season of giving thanks for all that you have, won't you consider extending your helping hand to a hungry homebound senior or disabled person?

Here are four ways you can help:

- Your donation to Meals on Wheels—in any amount—will be matched dollar-for-dollar by Salem Health & Wellness Foundation, up to \$5,000. For example, **your contribution of \$25, which normally feeds a local senior or disabled person for one week, will be matched and \$50 will be donated to help feed one of our clients for two weeks!** We hope you will give generously and feel good knowing your donation will have double the impact in fighting senior hunger. Simply complete the attached form and send it today.
- You can also choose to support our **Holiday Gift Bag program with a donation of a practical item** a senior or disabled person would appreciate. Small gifts may include lip balm, lotion, shampoo, tissues, paper towels, toilet paper, stationary, a magnifying glass, envelopes, stamps, socks or similar useful items. Gifts may be delivered to our office through December 15th.
- **Remember loved ones by making a memorial donation** or contribute in honor of someone whose community service you appreciate. This is meaningful way to share with others during the holidays.

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- Unable to contribute to meals? **Spend a few hours each month to volunteer** your time to deliver a meal or work with staff in the office of Meals on Wheels of Salem County.

Remember, your contribution for a holiday meal or several meals provides hot nutritious food and comfort to people who really need our care—at the holidays and all year long.

Meals on Wheels has provided daily care and concern for Salem County's homebound residents for 34 years. Our main focus has always been on the importance of nutrition for those who are chronically ill and confined primarily to their homes due to illness or advancing age. It is hard to imagine what Salem County would be like without such a program.

For some of your neighbors, hot meals from Meals on Wheels may be their only meal each day...and the only visit from anyone during the week. While we try to provide meals to everyone who qualifies, sometimes someone waits due to funding constraints.

Won't you participate in Meals on Wheels of Salem County, Inc.'s Holiday Giving or Holiday Gift Bag projects? It will mean so much to a homebound resident who may be alone this holiday season.

To make your financial gift, please make the check payable to Salem Health & Wellness Foundation with Meals on Wheels designated in the memo line and send it with the enclosed form and envelope by December 1, 2011, which is required for the matching funds. For more information about Meals on Wheels, take a look at our Web site www.mealsonwheelsnj.com, or email us at mealsonsheels05@verizon.net.

Thank you for considering this important request to help Meals on Wheels of Salem County make a difference during this holiday season and all year long...one meal at a time.

Sincerely,

Peg Marshall
Executive Director

*Meals on Wheels is a 501(c) 3 organization registered as a charitable organization in the State of New Jersey.
Charitable registration: CH0161200. Federal ID number: 22-2158433.*